

# Welcome to ASAP!

This informational packet was designed to familiarize you with the basics of ASAP, its members and its projects, as well as provide information on the science of prevention. I hope you find it to be helpful.

The ASAP Coalition is facilitated by a part time Project Director and part time Coalition Coordinator, paid for by the Trumbull County Mental Health and Recovery Board. The Trumbull County Mental Health and Recovery Board also allocates funding for ASAP activities each year, but most projects are -financed through donations and event sponsorships. The coalition is led by its members - People just like you.

The ASAP coalition has various subcommittees that develop based on the changing needs in our communities. Some of the current subcommittees are:

- Youth Engagement Subcommittee
- Education Subcommittee
- Information Subcommittee
- Anti-Stigma Subcommittee

The Coalition also has Planning Committees whose sole purpose is to organize ASAP events. Our typical yearly events include:

- the ASAP Drug Summit in the Spring
- the ASAP Track Meet in the Summer
- the ASAP Recovery Rally in the Fall

Subcommittee and planning meetings are open to all members. Meeting dates and times are announced at each meeting and printed in the meeting agenda. You can be added to a subcommittee or planning committee email list by expressing your interest to the Coalition Coordinator, or by completing the ASAP Membership form.

I appreciate you taking the time to join our Coalition's effort to build a community that is able to successfully manage its substance abuse problem today, while ensuring that future generations do not become impacted. Community problems require a community response.

If you have any questions, please do not hesitate to ask.

Sincerely,



#### Member List

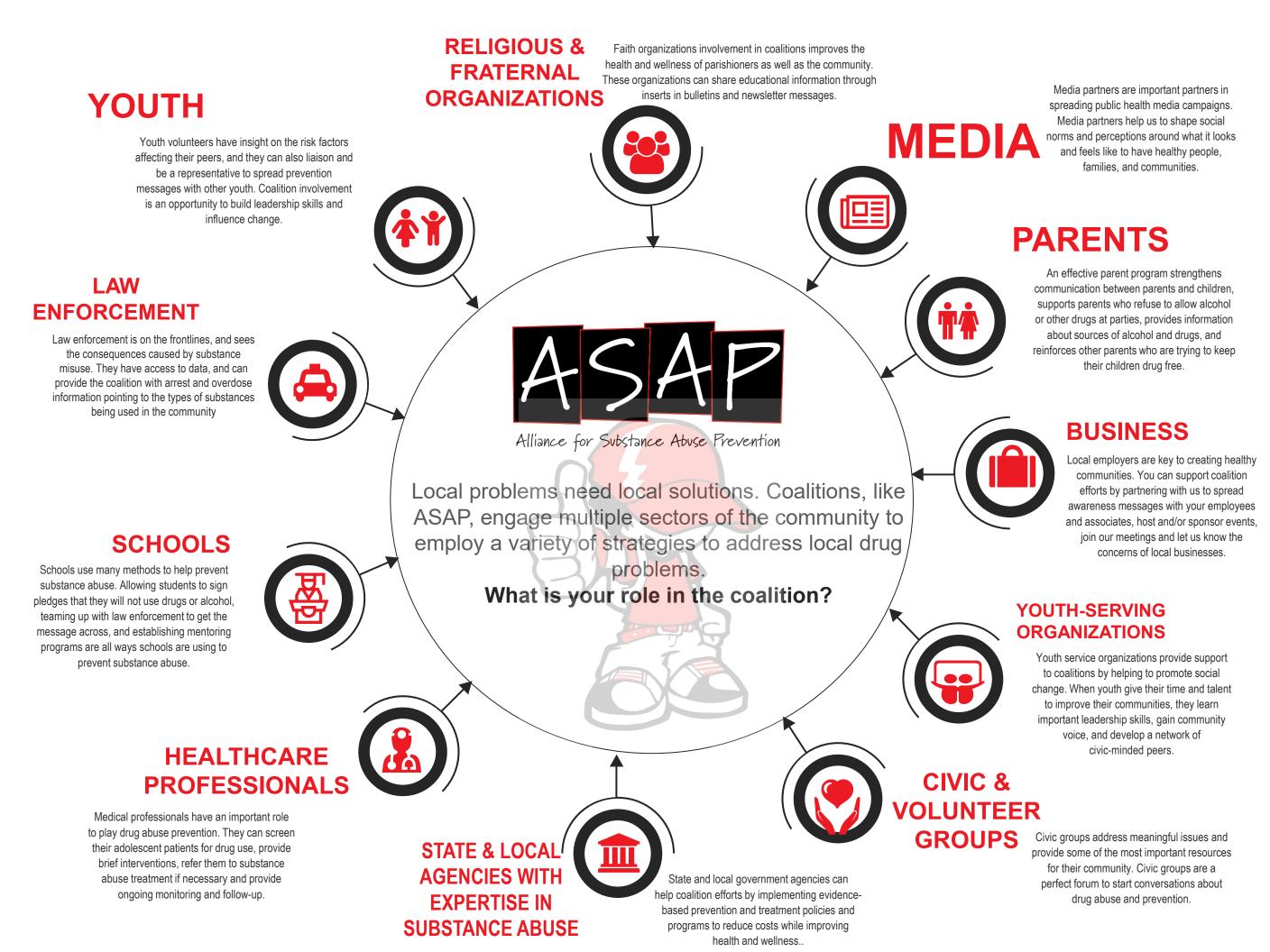
Organization Name	Member Name	Phone number	Email address
ASAP Project Director	Lauren Thorp	330-675-2765	lthorp@trumbullmhrb.org
		ext. 119	
ASAP Coordinator	Corrie Darocha		
Armada Recovery	Alyssa Gilpin	330-458-9792	agilpin@armadarecovery.com
Ceglia & Associates LLC	Nick Ceglia	330-367-7057	Nickola.ceglia@gmail.com
Coleman Health Services	Jess Crew	330- 392-1166	Jessica.Crew@colemanservices.org
COMPASS Family and	Cathy Loomis	330-770-3022	cloomis@compassfamily.org
Community Services	Joyce Loychik	330-360-4644	jloychik@compassfamily.org
	Jennifer Arbogast-	330-770-4884	jennifermcclellanlpcc@gmail.com
	McClellan		
Community Representatives	Heidi Durst Barbusci	330-469-0625	radiosaidyo@gmail.com
	Stephanie Mamrich		Smamrich@yahoo.co,
	Michael Nelson		nelson.remodeling.216@gmail.com
	Don Santarelli		Kazooti2@gmail.com
Comprehensive Behavioral	Brandy McKinnon		brandymckinnon7@gmail.com
Health Associates			
Family & Children First	Bonnie Wilson	330-675-2765	bwilson@trumbullmhrb.org
Council			
First Presbyterian Church	Marjorie Dangaran	330-399-6270	Marjorie.dangaran@gmail.com
First Step Recovery/Parkman	Angela Barrett	330-639-8746	Angela.barrett@fsrohio.com
Recovery/Travco Beh Health			
Glenbeigh	Beth Brown	440-568-3400	Beth.Brown@Glenbeigh.com
	Adria Rovnyak		Adria.Rovnyak@Glenbeigh.com
Gloris Counseling Services	Ava Jessup-Fields	330-330-8332	Gloriscounselingservices.com
	Tauri Da Caunana	220 727 5050	TerriQUELMOntere
The HELMS Foundation	Terri DeGennaro	330-727-5850	Terri@HELMSmv.org
Liele Network of Northeast	Magan Druger Hazlatt	330-718-7824	Manuar@halanatwarkana.arg
Help Network of Northeast	Megan Pryor-Hazlett	330-718-7824	Mpryor@helpnetworkneo.org
Ohio	Rachelle Nieves	216-302-3070	rachellenieves@spsh.com
Highland Springs	Rachelle Meves	210-302-3070	<u>rachenemeves@spsn.com</u>
Hope Village Recovery	Terri Dean	330-531-1232	tdean@hopevillagerecovery.com
Hope village Recovery	Terri Dean	550-551-1252	tdean@hopevinagerecovery.com
Law Office of Catherine	Cathoring Harvoy	220.096.0001	chanyoyosarn@zoomintornot.not
	Catherine Harvey	330-986-0991	<u>charveyesqrn@zoominternet.net</u>
Harvey Mathews Local School District	Michele Garman	330-469-0602	Mgarman87@gmail.com
		330-403-0002	
Meridian Healthcare	Stephanie Geer	330-318-3849	sgeer@meridianhealthcare.net
	Jasmine Phillips	330-565-1133	Jasmine Phillips@meridianhealthcare.net
	Paige Rota	330-774-3507	Paige_rota@meridianhealthcare.net
MidWest Recovery Center	Sara Volinchak	550-774-5507	
what west necovery center			
Nar-Anon	Barbara Gargano	724-977-0574	bjgargano@yahoo.com
NEOCAP	Benigno DeGennaro	124-311-03/4	bdegennaro@neocap.org
NEUCAP	Kristina Henik	330-675-7458	k.henik@neocap.org
		550-075-7458	K.Hellik@heocap.org

Organization Name	Member Name	Phone number	Email address
New Start Treatment Center	Erica Bowie	330-306-5010	Erica_Bowie@mercy.com
(Mercy Health)			
Parent Representative	Rocco & Jan Greco	330-717-0624	Rgreco1124@aol.com
People, Places and Dreams	Herlicka Shepherd	216-644-2288	HShepherd@peopleplacesanddreams.com
RISE Recovery & ONE Health	Stephanie Bardash	844-652-8219	sbardash@onehealthohio.org
Ohio			
Safe Harbor Recovery	Gary DiSalle	330-774-1693	Soberandfree99.gd@gmail.com
Silvermist/Pyramid SUD Facilities	Derek Guay	724-991-9581	dguay@pyramidhc.com
South Eastside Community Association Inc	Farrah Jones	234-600-6411	farrahjones1980@gmail.com
Starr Manufacturing	Dale Foerster	330-565-8277	dfoerster@starrmfg.com
Summit County Community Partnership	Gina Miranda	330-942-1127	gmiranda@cpsummit.org
Thrive Peer Recovery Services	Justin Larson	330-442-4085	jlarson@thrivepeersupport.com
TriYOUnity LLC	Paulette Edington	330-766-4495	triyoucares@gmail.com
Trumbull County Aspire	John Fite		John.fite@tctchome.com
Trumbull County Children	Jen Barbera	330-883-2806	jennifer.barbera@jfs.ohio.gov
Services	Angela Cochran	330-372-2010	Angela.Cochran@jfs.ohio.gov
	Kimberly Ruble	330-372-2010	Kimberly.ruble@jfs.ohio.gov
	,	ext.1224	
	Shaun Renato	330-372-2010	Shaun.renato@jfs.ohio.gov
	Shaan Kenato	Ext. 1103	<u>shaan enatologjistomotgov</u>
	Corey Patrick	330-372-2010	Corey.Patrick@jfs.ohio.gov
Trumbull County Combined	Tammi Krafft	330-675-7818	tammi.krafft@co.trumbull.oh.us
, Health District			
Trumbull County Coroner	Dr. Larry D'Amico	330-675-2516	cbdamico@co.trumbull.oh.us
Trumbull County Educational	Denise Holloway	330-505-2818	Denise.holloway@trumbullesc.org
Service Center			
Trumbull County Family Court	Christy Turner	330-675-7862	jcturner@co.trumbull.oh.us
	Jodie Milhoan	330-675-2385	jcmilhoa@co.trumbull.oh.us
Trumhull County Montal	April Caraway	330-675-2765	acaraway@trumbullmbrb.org
Trumbull County Mental	• •	550-075-2705	acaraway@trumbullmhrb.org
Health & Recovery Board	Laura Domitrovich		ldomitrovich@trumbullmhrb.org
	Kim Walker		kwalker@trumbullmhrb.org
Trumbull County Mental	Lance Grahn	501-499-5399	LanceGrahn@yahoo.com
Health & Recovery Board,	Laura Green	330-883-6502	Ljgreen5878@hotmail.com
Board of Directors	Carol Henderson		
Warren City Health District;	Gerald Wolfe	330-841-2596 Bus.	wchdhiv@gmail.com
HIV Prevention		330-841-2904	wending@Sindii.com
		Direct 330-559-7640 Cell	
Warren Family Recovery	D'Andre Bowers	330-559-7640 Cell 330-271-8486	ceo@warrenfamilyrecovery.com
	Melissa Emery	JJU-2/1-0400	memery@warrenfamilyrecovery.com
	Derrick Mason		dmason@warrenfamilyrecovery.com
W1N Church	Pastor Brian Daniels	740-462-8032	
	Fastor Brian Dameis	/40-402-8032	pastorbriandaniels@gmail.com
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Organization Name	Member Name	Phone number	Email address
WFMJ	Dawn Coiro	330-651-0926	<u>dawn@wfmj.com</u>
White Light Behavioral Health	Sandy Miller	440-796-6696	Smiller@treatmentx.com
Windsor Laurelwood	Michelle Giancola	800-GET-HOPE	Michelle.giancola@uhsinc.com
	Samantha May	440-567-3017	Samantha.may2@uhsinc.com
Youngstown Area Goodwill	Roger A. Beltz	330-759-7921	R.Beltz@goodwillyoungstown.org
	<b>.</b>		
Youngstown Treatment	Tanisha Miller	234-719-1885	tmiller@youngstowntreatment.com
Services			

Updated: 3/18/2025

To be added to the ASAP Member List, complete the ASAP Member Form at: <u>https://forms.gle/Vbr7921LBwMQBXy4A</u>



# **Risk and Protective Factors**

Many factors influence a person's chance of developing a mental and/or substance use disorder. **Prevention** includes a wide range of activities — known as "interventions" — aimed at reducing risks or threats to health. Prevention activities focus on reducing risk factors, and strengthening protective factors, that are most closely related to the problem being addressed.

**Risk factors** are characteristics at the biological, psychological, family, community, or cultural level that precede and are associated with a higher likelihood of negative outcomes.

**Protective factors** are characteristics associated with a lower likelihood of negative outcomes or that reduce a risk factor's impact. Protective factors may be seen as positive countering events.

**Individual-level risk factors** may include a person's genetic predisposition to addiction or exposure to alcohol prenatally.

Individual-level protective factors might include positive self-image, self-control, or social

RISK FACTORS	PROTECTIVE FACTORS	
<ul><li>Chaotic home environment</li><li>Ineffective parenting</li></ul>	<ul><li>Strong family bonds</li><li>Parental engagement in child's life</li></ul>	
<ul> <li>Little mutual attachment and nurturing</li> <li>Inappropriate, shy, or aggressive classroom behavior</li> </ul>	<ul> <li>Clear parental expectations and consequences</li> <li>Academic success</li> </ul>	
<ul> <li>Academic failure</li> <li>Low academic aspirations</li> <li>Poor social coping skills</li> <li>Affiliations with deviant peers</li> <li>Perceived external approval of drug use (peer family</li> </ul>	<ul> <li>Strong bonds with pro-social institutions (school, community, church)</li> <li>Conventional norms about drugs and alcohol</li> </ul>	
use (peer, family, community) Parental substance abuse or mental illness		

SOURCE: US Department of Health and Human Services, National Institutes of Health, National Institute on Drug Abuse, (1997) Preventing drug use among children and adolescents: A research-based guide. NIH Publication No. 97 - 4212.



Alliance for Substance Abuse Prevention



# "Looking For A Way Out"

A Guide to Addiction Treatment And Education Resources In Trumbull County & the Surrounding Area This publication was produced by the Trumbull County Mental Health and Recovery Board and the Alliance for Substance Abuse Prevention (ASAP). This guide to resources in Trumbull County is for individuals seeking help with substance abuse and addiction. You may be looking for help yourself or for a friend or family member. We hope this information will open some doors to finding help. Addiction is a complex and crippling condition. The needs are many, but the number of places to turn is growing and changing. Please directly contact agencies listed in this guide for the most current information.

Please Note:

These listings are not intended as recommendation of specific agencies nor can this be considered a complete list of resources. It is an evolving field and we hope to be able to update this informational guide periodically.

## IF YOU NEED HELP NOW FOR A DRUG CRISIS OR <u>MENTAL HEALTH ISSUE</u> 24/7 CRISIS AND REFERRAL SERVICES

### **Coleman Access Center**

Provides 24-hour services for individuals experiencing emotional crisis. Services include consultation and referral, support and emergency mental health and substance abuse assessments. Emergency assessments are available at the Coleman Access Center or the local hospital emergency department. Anybody looking for detox, regardless of ability to pay, should start here. 103 W. Market Street, First Floor Warren, OH 44481 (330) 392-1100 www.colemanservices.org

#### THE HUB FOR TREATMENT IN TRUMBULL COUNTY

#### Trumbull County Mental Health and Recovery Board

The mission of the board is to improve the well-being of our community by establishing and maintaining an effective, efficient and quality system of alcohol, drug and mental health services in Trumbull County. The board supports recovery by providing funding to agencies for education, treatment, prevention and support services. The board collaborates with many agencies and coordinates needed services.

4076 Youngstown Rd., Suite 201 Warren, OH 44484 (330) 675-2765 (330) 675-2772 fax www.TrumbullMHRB.org

#### **DRUG FREE COMMUNITY COALITION**

#### Alliance for Substance Abuse Prevention (ASAP)

ASAP is a community project of the Trumbull County Mental Health and Recovery Board. The coalition engages in strategic partnerships to solve our community's substance abuse problems. The ASAP coalition was originally organized as a response to the underage alcohol use problem in Trumbull County. The coalition served as the catalyst behind the countywide "Parents Who Host Lose The Most" campaign. As members of the coalition became aware of the opiate epidemic in our County, they decided to tackle the issue and the ASAP Opiate Task Force was formed. The Task Force meets monthly and focuses on education, addressing high rates of drug related crimes, providing community education, and leading community wide change. Call for information on how to get involved. Or "Like" the Alliance for Substance Abuse Prevention (ASAP) on Facebook.

#### Alliance for Substance Abuse Prevention (ASAP)

4076 Youngstown Rd., Suite 201 Warren, OH 44484 (330) 675-2765, ext. 119 (330) 675-2772 fax www.TrumbullMHRB.org

#### WALK-IN HOURS

Many times, the desire to stop drinking, or using drugs, comes on suddenly and requires immediate attention. There are a number of agencies in Trumbull County that offer drug and alcohol assessments without an appointment. During a drug and alcohol assessment, questions will be asked to determine whether or not a person has a drug or alcohol problem. The findings of the assessment will be used to connect the individual with the most appropriate level of treatment. Assessments are provided on a first come, first served basis at the following agencies:

#### **Coleman Health Services**

103 W. Market St. 1<sup>st</sup> Floor Warren Monday - Friday: 12:00 pm – 3:00pm Please arrive at 11:00am to complete paperwork

#### Compass Family & Community Services

320 High St. Warren (330) 394-9090 Monday & Wednesday 8:00 am-4:00 pm Tuesday & Thursday 8:00 am-6:00 pm Friday 8:00 am-3:30 pm

#### Meridian HealthCare

320 High St. Warren (330) 318-3871 Monday- Friday: 8:00am-12:00pm

#### Valley Counseling Services

150 East Market St. Warren (330) 399-6451 Monday - Friday: 8:30am- 4:30pm

#### **OVERDOSE EDUCATION AND NALOXONE DISTRIBUTION**

**Project DAWN of Trumbull County is a completely free** community-based drug overdose education and Naloxone distribution program. **Naloxone is used to reverse opiate overdoses. There is no cost to receive a Project DAWN kit.** Participants receive education on recognizing the signs and symptoms of an overdose, distinguishing between different types of overdoses, performing rescue breathing, calling emergency medical services, and administering intranasal Naloxone. All participants receive 2 vials of Naloxone in a Project DAWN kit.

**Project DAWN Naloxone kits are now available as a free mail order program** if you are a resident of Trumbull County. You can click the link below: you will be required to watch the training video, verify that you watched it, complete a questionnaire, and provide your address and contact information so that a kit can be mailed to you. If you have any questions, please call the health dept. at 330-675-2489. Click here for the video: <u>https://www.surveymonkey.com/r/2MCWKBD</u>

#### *Trumbull County Combined Health District* 176 Chestnut Ave. NE Warren, OH 44483

(330) 675-2489 www.tcbh.org

#### **RESIDENTIAL TREATMENT (REHAB)**

When people think of drug treatment or "rehab," they often think of residential treatment. The patient is required to live at the facility for perhaps 1-3 months, or sometimes longer. Without outside distractions, the individual is free to concentrate more fully on recovery. Access to an inpatient program can depend on insurance coverage, or the ability to pay. Some programs are publicly funded but admission may be based on referral from other agencies and waiting lists are often long. Unfortunately, the need for these services is far greater than their availability. Because waiting lists may be long, outpatient counseling or some other supportive plan is advisable while waiting.

#### First Step Recovery

(Detox facility and extended stay) 2737 Youngstown Road, S.E. Warren, OH 44484 (330) 369-8022 www.FirstStepRecovery.net

#### Parkman Recovery Center

(Detox facility & extended stay) 4930 Enterprise Drive Warren, OH 44481 (330) 787-0955 www.parkmanrecovery.com

#### Glenbeigh

(Detox facility and extended stay) 2863 State Route 45 Rock Creek, OH 44084 (800) 234-1001 www.Glenbeigh.com

#### Meridian HealthCare

(Inpatient treatment only) 550 West Chalmers Ave Youngstown, OH 44511 (330) 797-0070 www.meridianhealthcare.net

#### Neil Kennedy Recovery Centers

(Detox facility and extended stay) 2151 Rush Blvd. Youngstown, OH 44507 (330) 744-1181 www.nkrc.org

#### New Day Recovery

(Detox facility only) 920-960 Boardman Canfield Rd Boardman, Ohio 44512 (330) 953-3300 www.ndrtoday.com

#### Windsor Laurelwood Center for Behavioral Medicine (Detox facility and limited stay) 35900 Euclid Avenue Willoughby, OH 44094 (440) 953-3000

www.windsorlaurelwood.com

Also

There are additional residential treatment centers in the surrounding area. Insurance coverage varies so check with your insurer to help determine your options.

#### **OUTPATIENT TREATMENT**

Outpatient treatment allows the client to continue living at home and includes individual or group counseling and medication assisted treatment. The length of time in treatment depends on the client's needs. Agencies offering outpatient therapy include:

#### Brightview

1924 East Market St Warren, OH 44483 (833) 510-4357 www.Brightviewhealth.com

#### Compass Family & Community Services

320 High St. Warren, OH 44481 (330) 394-9090 www.compassfamily.org

#### CRN Healthcare Inc

4087 Youngstown Rd, SE Warren, OH 44484 (234) 806-4367 www.confidentrecovery.com

#### RISE Recovery @ Falls Family Care

(Offers Suboxone & Vivitrol) 175 East Broad Street Newton Falls, OH 44444 (330) 872-2010 www.onehealthohio.org

#### First Step Recovery

2737 Youngstown Road, SE Warren, OH 44484 (330) 369-8022 www.FirstStepRecovery.net

#### Glenbeigh

29 North Rd. Niles, OH 44446 (330) 652-6770 www.Glenbeigh.com

#### Greentree Counseling Center

430 Franklin St. S.E. Warren, OH 44483 (330) 372-2200 www.greentreecounseling.com

#### RISE Recovery @ Lloyd McCoy Community Health Center

(Vivitrol) 1977 Niles Road SE Warren, OH 44484 (330) 393-6446 www.onehealthohio.org

#### Meridian HealthCare

(Offers Methadone, Suboxone & Vivitrol) 320 High Street Warren, OH 44481 (330) 318-3871 www.meridianhealthcare.net

#### New Start Treatment Center for Chemical Dependency

1296 Tod Place #205 Warren, OH 44485 (330) 306-5010 www.mercy.com

#### **RISE Recovery**

(Offers Suboxone, Vivitrol and Counseling) 3132 Belmont Ave Liberty, Ohio 44505 844-652-8219

#### Travco Behavioral Health (an affiliate of First Step Recovery)

(Offers Suboxone & Vivitrol) 2671 Youngstown Road, SE Warren, OH 4484 (330) 286-0050

#### Warren West Community Health Center

(Offers Vivitrol) 716 Tod Avenue Warren, OH 44485 (330) 373-0222 www.onehealthohio.org

#### Youngstown Treatment Services

(Methadone, Suboxone & Vivitrol) 3622 Belmont Ave, Suite 21 Youngstown, OH 44505 (234) 719-1885 www.pinnacletreatment.com

#### **RECOVERY HOUSES/SOBER LIVING ENVIRONMENTS**

Sober Housing is one of the fastest growing components of the "Recovery Model" continuum of services. Living with like-minded people can be a great boost to maintaining sobriety. Recovery houses do not provide drug or alcohol treatment. Listed below are local housing providers.

**Foster Living LLC -Men's Recovery Housing** Warren, OH (330) 330-3264

Glenbeigh -Men's Recovery Housing 29 North Rd. Niles, OH 44446 (330) 652-6770 www.Glenbeigh.com

Keys 2 A 2<sup>nd</sup> Chance, LLC –Women's Recovery Housing (330) 506-6035 www.keys2a2ndchance.com

Neil Kennedy Recovery Centers Men's & Women's Recovery Housing (330) 744-1181 www.NKRC.org

Nikki's House- Women's Sober House Warren, OH (330) 979-1418 Park Place Recovery Residence -Men's Recovery Housing Warren, Ohio (330) 307-4575

Serenity Place- Women's Sober Housing Warren, OH (330) 979-6220

**Riverview Apartments – Men's Recovery Housing** Newton Falls, OH (330) 651-5047

Robbins House LLC – Women's Recovery Housing Niles, OH (330) 980-8845 or (330) 369-9439

Wellspring – Men's Recovery Housing (330) 369-8022

For more information on recovery housing visit <u>www.recoveryhousing.org</u>

#### **RECOVERY SUPPORT**

Support and self-education are important components of treating addiction and preventing relapse. It is important to seek out helpful resources and use them. Recovery is an ongoing process. Supportive groups are valuable for the recovering addict and for family members and loved ones. Check with local offices or group websites to find meetings convenient for you.

#### Alcoholics Anonymous

Youngstown Area Intergroup (330) 270-3000 A list of local meetings can be found at: <u>www.aayaig.com</u>

#### **Celebrate Recovery**

Grace Fellowship Church 325 Youngstown Warren Rd Niles, OH 44446. Phone (330) 574-2303 (Church), or 330-240-5544 (Celebrate Recovery Contact) Email: <u>celebraterecovery@gracelives.com;</u> www.gracelives.com/ministries/celebrate-recovery

#### Help Network of Northeast Ohio

Provides non-emergency information and referral services for Mahoning, Trumbull and Columbiana Counties. Also provides basic information and referral for surrounding areas, state and national resources. Staff is trained in crisis intervention, suicide prevention and supportive listening. Call 211.

(330) 393-1565(330) 747-2696www.helpnetworkneo.org - Free online database

#### Narcotics Anonymous (NA) - Buckeye Regional

Provides information on local narcotics anonymous support groups within caller's area; if an addict in crisis calls this line, they can take the first name and phone number of the caller and have a person in recovery call them back. Calls are answered 24 hours/7 days week. Local meetings are listed at: <u>www.nabuckeye.org/Meetings.html</u> (888) 438-4673

#### The Sahara Club II

The Sahara Club II is a sober club that provides education, fellowship, support and recreational services to individuals and their families who are interested in a life that is sober and free of chemical dependence. 2345 Youngstown Road Warren, OH 44484 (330) 306-5191 or <u>SaharaClub2@gmail.com</u>

#### **Recovery Coaches**

A Recovery Coach, is a person who links the newly recovering person to the recovering community, and serves as a personal guide and mentor. Coaches are not therapists and do not offer counseling, therapy or any other clinical services. They are peers who assist people on the path from a life of addiction to a life in recovery. Coaches have personal experience in navigating this path. They help individuals in recovery address areas of their lives that have been negatively impacted by addiction, including housing, education and employment.

#### Mercy Health

(330) 480-6965 *www.mercy.com* 

#### Meridian HealthCare

527 N. Meridian Rd Youngstown, OH 44509 (330) 797-0070 www.meridianhealthcare.net

#### Neil Kennedy Recovery Centers

5211 Mahoning Ave. Suite 370 Austintown, OH 44515 (330) 744-1181 www.nkrc.org

#### **RECOVERY SUPPORT FOR FAMILIES**

Recovery supports are important for families, whether you have concerns about yourself or need to speak to someone about your relationship with a person with addictive behaviors. "Addiction is a family disease" and its effects are widespread.

#### **Celebration Place**

Celebration Place is a 52-week children's curriculum that coincides with Celebrate Recovery's teaching, using kid-friendly methods and terms children can understand. So, while adults explore topics that bring healing and wholeness, kids discover the same truths in age-appropriate ways!

#### Grace Fellowship Church

325 Youngstown Warren Rd Niles, OH 44446 Phone (330) 574-2303 (Church), or 330-240-5544 (Celebrate Recovery Contact) Email: <u>celebraterecovery@gracelives.com;</u> <u>www.gracelives.com/ministries/celebrate-recovery</u>

#### **Grand Support Group**

(Grandparents Raising and Nurturing our Grand Daughters and Sons) Meets the first and third Thursday of every month from 6 to 8 pm. Childcare is provided. North Mar Church 3855 East Market Street, Warren, OH 44484 (330) 856-3496

#### Families of Addicts Inspired Through Hope (FAITH)

A faith-based support group for families finding their way through addiction. Fowler United Methodist Church 3426 Youngstown Kingsville Rd (Rt 193) Fowler, OH 44418 (330) 647-9782

#### Nar Anon Family Groups

(800) 477-6291 www.nar-anon.org

#### Solace of the Valley

Solace members seek to end the crisis of drug addiction in their communities. We provide support to individuals and families affected by addiction, advocating for policy changes and mobilizing other communities to enact their own changes. Solace is an action group, not a recovery group. Solace members are encouraged to be visible in the war on addiction, working within the legal boundaries to enact positive changes to the current climate of laws and penalties to diminish the effects of addiction on our loved ones.

#### Trumbull County Strong

A local group of advocates whose mission is to provide assistance to loved ones of those suffering with mental illness and substance use disorder (addiction). (330) 717-9241 or (330) 891-8337

#### **SPECIAL POPULATIONS**

Every addict has their own unique story and every addict has something in common with other addicts. There are certain populations that may benefit from specialized treatment and there are agencies and programs designed to serve them in unique ways. This is not an exclusive list of agencies offering specialized support. Included are some of those emphasizing service to these groups.

#### ADOLESCENTS

#### Compass Family & Community Services

Family Court Treatment Services are designed to educate teens with first-time non-violent drug and alcohol offenses as a diversion from Juvenile Court. 320 High St. NE Warren, OH 44481(330) 394-9090 www.compassfamily.org

#### Meridian HealthCare

Provides youth and young adults with low intensity group drug and alcohol treatment, individualized alcohol and other drugs (AOD) and/or mental health outpatient treatment, and an intensive group program for AOD needs. We also provide outpatient mental health only services in our main office and in some school settings.

527 N. Meridian Rd. Youngstown, OH 44509 (330) 797-0070 www.meridianhealthcare.net

#### **RISE Recovery Teen Addiction Services**

If your teen is struggling with substance abuse, we understand how scary and challenging that is. RISE Recovery offers medication-assisted treatment (MAT), evaluation and clinical assessment, counseling and integrated health services (medical and dental). Youngstown/Warren, OH (844) 652-8219 www.OneHealthOhio.org/RISE-Recovery

#### FAMILY PROGRAM

#### Compass Family & Community Services

Parenting classes to assist parents of children of all ages in the development of positive and effective parenting skills. Violence Intervention & Prevention Services to aid individuals and families in maintaining non-violent lifestyles.

320 High St NE Warren, OH 44481 (330) 394-9090 www.compassfamily.org

#### Meridian HealthCare

The Meridian Family Program consists of consultations, educational group topics, and individual family counseling. The Family Program is tailored to assist clients in improving relationship development while providing information on the disease of addiction. The Family Program is available to all clients, their loved ones, sponsors or members of their primary support group. 527 N. Meridian Rd Youngstown, OH 44509 (330) 797-0070

www.meridianhealthcare.net

#### Neil Kennedy Recovery Centers

Family programming at Neil Kennedy Recovery Centers is open to family members, loved ones, close friends, partners or anyone that is supportive of a client's recovery and is affected by their substance abuse. We educate, support, engage, and provide hope for those who are affected by and can affect a person's recovery. Weekly Family Programming is offered at both sites. (330) 744-1181

www.NKRC.org

#### WOMEN

#### Baby on Board

Services include perinatal and postpartum depression, anxiety and mood disorder; adjustment difficulties; substance abuse and addiction; education on the importance of treatment in perinatal and postpartum substance abuse and addiction; miscarriage and loss. Tele-counseling services are available.

(844) 652-8219

#### Compass Family & Community Services

Women's Specialized Treatment Services focus on the needs of women, including supportive group services that address alcohol/drug, co-dependency and victim issues. 320 High St. NE Warren, OH 44481 (330) 394-9090 www.compassfamily.org

#### **Glenbeigh Rock Creek**

Glenbeigh offers special facilities and services for women in inpatient treatment and extended residential care including housing in a separate wing of the hospital. Female therapists and all female counseling groups provide the opportunity to gain support from other women in order to deal with sensitive issues and begin the healing process.

PO Box 298 2863 State Route 45 Rock Creek, OH 44084 (800) 234-1001 www.glenbeigh.com

#### Meridian HealthCare

Meridian Women's programs offer a comprehensive continuum of care for women to help them address their drug and/or alcohol issues in a safe and supportive environment. The program focuses on addressing issues unique to women, including dealing with complex trauma, building healthy relationships and balancing family responsibilities. Meridian offers residential, day treatment with supportive housing, and outpatient services to meet the needs of women.

527 N. Meridian Rd Youngstown, OH 44509 (330) 797-0070 www.meridianhealthcare.net

#### Neil Kennedy Recovery Centers

The Woman to Woman Program includes residential rehabilitation, partial hospitalization, intensive outpatient, and continuing care as well as early intervention, outreach and referral for women and their children. The Woman to Woman boarding house provides a safe, supportive place for women to live while they are gaining the skills necessary for ongoing recovery. Women living at the house participate in intensive treatment at the Youngstown site from 8am to 8pm daily. A typical stay is approximately four weeks. (330) 744-1181 www.NKRC.org

#### TREATMENT FOR LICENSED PROFESSIONALS

Addiction is a disease that affects all people and does not discriminate by race, class or profession. Addiction is particularly destructive for skilled and licensed professionals due to the demands and expectations of their work.

#### Glenbeigh Rock Creek

The consequences of addiction experienced by professionals are a primary focus of this specialty group. Patients work on developing a healthy recovery program within their professional role and address the requirements mandated by their respective licensure and monitoring boards. Glenbeigh is an approved provider with most professional boards. PO Box 298 , 2863 State Route 45 Rock Creek, OH 44084 (800) 234-1001 www.glenbeigh.com

#### **Glenbeigh Outpatient Center of Niles**

Caduceus meetings for medical professionals in recovery 29 North Road Niles, OH 44446 (330) 652-6770 www.glenbeigh.com

#### Windsor Laurelwood Center for Behavioral Medicine

Windsor Laurelwood provides a specialized trauma based IOP program for First Responders and Medical Professionals. Program is provided utilizing tele-health technology.
(440) 953-3000
www.windsorlaurelwood.com

#### **DUAL DIAGNOSIS**

Dual-diagnosed patients have been diagnosed with both a mental health and substance use disorder. Those with co-occurring disorders face complex challenges. They have increased rates of relapse, hospitalization, homelessness, and HIV and Hepatitis C infection compared to those with either mental or substance use disorders alone.

#### Compass Family & Community Services

For individuals with a substance abuse disorder compounded by another mental health diagnosis. 320 High St. NE Warren, OH 44481 (330) 394-9090 www.compassfamily.org

#### Glenbeigh

Dually-diagnosed patients participate in specialized groups designed to promote positive selfimage and help the patients understand their mental and emotional disorders. PO Box 298 , 2863 State Route 45 Rock Creek, OH 44084 (800) 234-1001 www.glenbeigh.com

#### **Highland Springs**

Highland Springs is a newly constructed 72-bed behavioral hospital in Cleveland. Highland Springs offers inpatient and outpatient mental health and addiction treatment to adults and seniors. 4199 Mill Pond Drive Highland Hills, OH 44122

(216) 302-3070 www.highlandspringshealth.com

#### Meridian HealthCare

Meridian's Co-Occurring Treatment Program is an outpatient program designed to help adults who are dealing with substance use and mental health issues at the same time. Treatment services combine medical, counseling, case management, education and social intervention to address the needs of clients and their family members.

527 N. Meridian Rd Youngstown, OH 44509 (330) 797-0070 www.meridianhealthcare.net

#### Windsor Laurelwood Center for Behavioral Medicine

Windsor Laurelwood provides comprehensive Inpatient and Outpatient treatment for adults with cooccurring mental health and Substance Use disorders. (440) 953-3000 www.windsorlaurelwood.com

#### TOBACCO CESSATION TREATMENT

#### Mercy Health- New Start Treatment Center for Chemical Dependency

Those seeking help for substance use disorders smoke cigarettes or use tobacco products at a rate that is 3-4 times the average population. Programs at St Joseph Hospital Warren/New Start Treatment Center & the Regional Tobacco Treatment Center treat both addictions simultaneously or one after the other. There are no out of pocket costs to the participant. This includes both behavioral counseling provided by a licensed chemical dependency counselor/certified tobacco treatment specialist and 6 weeks of prescription and/or over the counter medication. 1296 Tod Place #205

Warren, OH 44485 (330) 306-5010 <u>www.mercy.com</u>